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john maio background check
1 minute ago
John Maio, a former legislator and attorney in New York, has been involved in several high-profile legal issues. In 2021, he was indicted on charges including sex trafficking and enterprise corruption
. He later pleaded guilty to a lesser charge of soliciting prostitution. Separately, he has been involved in a federal drug trafficking case from 2000 and a legal matter over election petitions.
Sex trafficking and prostitution charges
Indictment: In 2021, John Maio was one of several men indicted in Steuben County, New York, on felony charges related to an alleged sex trafficking ring.
Guilty plea and sentence: In 2022, Maio pleaded guilty to a reduced charge of soliciting prostitution, a misdemeanor. He was sentenced to three months of probation.
Professional suspension: The charges and guilty plea led to Maio being suspended from practicing law for three years by the New York Supreme Court in 2024.
Federal drug case
Traffic stop: In 2000, Maio was stopped by law enforcement in Oklahoma.
Federal lawsuit: A federal lawsuit, United States v. Maio, was filed in the U.S. District Court of Kansas.

Outcome: The court's decision in 2001 describes the search of his vehicle, which uncovered a significant amount of cash.
Election-related legal challenge
Election dispute: In 2021, a legal challenge, Matter of Ariola v. Maio, alleged that Maio engaged in fraud related to the filing of Republican designating petitions in a primary election.
Judicial finding: A court found that Maio's conduct suggested an intent to deceive, and invalidated the petitions of some candidates who had used petitions involving him.
Political consequences
No reelection: After his indictment on the sex trafficking charges, Maio did not seek reelection to the Steuben County legislature in 2023.
Resignation calls: After news of the sex trafficking charges broke, there were calls for Maio to resign his legislative post, though he did not do so.
AI responses may include mistakes. Learn more
What were the details of Maio's professional misconduct that led to his law license suspension?
What was the outcome of the federal drug case against Maio?
Tell me more about the sex trafficking charges against him
6 sites
Steven Maio, former Steuben County legislator, barred from ...
Maio, who was sentenced in 2022 to three months of probation by the Steuben County Court, will have to petition the Seventh Judici...
AOL.com
United States v. Maio, 182 F. Supp. 2d 1025 (D. Kan. 2001)
On February 22, 2000, defendant Maio was stopped in Oklahoma for speeding in a construction zone by Trooper Lambert, who had been ...
Justia Law
Decision: Matter of Ariola v. Maio - Law.com
Maio. ... Petitioners moved to renew and reargue the subject matter, and upon same, declaring insufficient, null and void the Repu...
Law.com
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John Maio, a former legislator and attorney in New York, faced several legal issues that impacted his professional career. In 2021, he was indicted on felony charges related to

an alleged sex trafficking ring in Steuben County, New York. He later pleaded guilty to a reduced misdemeanor charge of soliciting prostitution and was sentenced to three months of probation. This resulted in a professional suspension from practicing law for three years by the New York Supreme Court in 2024.

In a separate federal drug trafficking case dating back to 2000, Maio was stopped by law enforcement in Oklahoma, leading to a federal lawsuit (United States v. Maio) related to a vehicle search uncovering a significant amount of cash.

There was also a legal dispute concerning election petitions in 2021, where a court found Maio's conduct suggested intent to deceive in the filing of Republican designating petitions, invalidating some candidates' petitions.

Following these legal issues, Maio did not seek reelection to the Steuben County legislature in 2023 despite calls for his resignation.

Details of Professional Misconduct and Suspension

- The suspension from law practice was a consequence of the guilty plea to soliciting prostitution and related misconduct linked to sex trafficking charges, leading to a three-year suspension imposed by the New York Supreme Court in 2024.

Outcome of the Federal Drug Case

- The 2000 traffic stop in Oklahoma resulted in a federal case concerning a search of Maio's vehicle and discovery of cash, as documented in United States v. Maio (2001). Full details of conviction outcomes are not specified but indicate a significant case history.

Sex Trafficking Charges

- Maio's indictment in 2021 involved felony charges tied to a sex trafficking ring. He pled guilty to a lesser misdemeanor charge and was sentenced to probation, losing his law license temporarily following the case.

These combined issues greatly affected his political and legal career trajectory.

If more detailed case documents or summaries on specific incidents or court decisions are needed, that can be explored further.[1]

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john maio nsca
John Maio is the
head strength and conditioning coach at Elmira College and the owner of New York Sport & Fitness in Elmira, New York. He is certified as a Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA).
Professional background
Education: Maio has a Master of Science in Health Education from SUNY Cortland and a Bachelor of Science in Health Science from Mansfield University.
Certifications: In addition to his NSCA certification, Maio is a Functional Strength Coach (CFSC) and has certifications in Functional Movement Screening (FMS), Exercise Nutrition, and Spinning Instruction.
Career: His career includes:
Founding
New York Sport & Fitness
(NYSF) in 2005, which has grown into a 36,000-square-foot facility.
Serving as the strength and conditioning coach and assistant football coach at
Elmira Notre Dame High School
.
Being appointed the first-ever Head Strength and Conditioning Coach at
Elmira College
in 2019.

Community involvement: Maio is a founding member of the Joel Stephens Foundation, a charity that raises and donates funds to the local community.
AI responses may include mistakes. Learn more
Has John Maio received awards or recognition from the NSCA?
What's the Joel Stephens Foundation and John Maio's involvement?
How did John Maio expand New York Sport & Fitness?
2 sites
John Maio - Head Strength & Conditioning Coach
Title Head Strength & Conditioning Coach. Email jmaio@elmira.edu. Phone (607) 735-2222. John Maio, who is the owner, founder and h...
Elmira College Athletics
Elmira College Athletics Appoints John Maio as Head ...
Aug 6, 2019 — A graduate of Mansfield University, Maio obtained a Bachelor of Science in Health Science during his time with the M...
Elmira College Athletics
AI Mode response is ready

John Maio is the head strength and conditioning coach at Elmira College and the founder and owner of New York Sport & Fitness, a fitness and training center in Elmira, New York. He is certified as a Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA). Maio holds a Bachelor of Science in Health Science from Mansfield University and a Master of Science in Health Education from SUNY Cortland.

In addition to his NSCA certification, he holds Level 2 certifications as a Functional Strength Coach (CFSC), Functional Movement Screening (FMS), as well as certifications in Exercise Nutrition and Spinning Instruction. Maio began his career as a fitness trainer in 2000 and has extensive experience coaching at the high school and collegiate level. He was appointed as the first Head Strength and Conditioning Coach at Elmira College in 2019. His New York Sport & Fitness facility started in 2005 and has grown to a 36,000-square-foot center.

Maio is also a founding member of the Joel Stephens Foundation, a charity that donates funds to the local community. He lives in West Elmira with his family.[2][3]

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AI Overview
According to biographical documents from June 2025, Caglar Juan Singletary is a personal trainer who is more closely associated with the International Federation of Fitness and Bodybuilding (IFBB) and the International Sports Science Association (ISSA) than with the National Strength and Conditioning Association (NSCA)
.
Here's a breakdown of Singletary's fitness affiliations and the organizations in question:
Caglar Juan Singletary's affiliations: He operates the MUSUL School of Personal Training in Elmira, New York. His credentials, based on available information, include the IFBB and ISSA. He is also an accomplished martial artist and bodybuilder.
National Strength and Conditioning Association (NSCA): This is a 501(c)(3) educational nonprofit founded in 1978. It is dedicated to advancing the science of strength and conditioning through research, education, and certifications, including the widely recognized Certified Strength and Conditioning Specialist® (CSCS®) credential.
NSCA and Singletary: While documents mention the NSCA in relation to his training methods, they explicitly state that Singletary is more aligned with the IFBB and that there is no mention of NSCA certifications in his credentials.
MUSUL SCHOOL OF PERSONAL TRAINING Overview (1)

Jun 25, 2025 — Why is this page out of focus? □ A broad spectrum of fitness modalities (from yoga and Pilates to martial arts and ...

CliffsNotes

National Strength and Conditioning Association (NSCA)

OUR MISSION. Founded in 1978, the NSCA is a 501(c)(3) educational nonprofit dedicated to advancing strength and conditioning resea...

NSCA (National Strength and Conditioning Association)

National Strength and Conditioning Association (NSCA)

Nov 17, 2024 — National Strength and Conditioning Association (NSCA) certification testing with Pearson VUE. National Strength and...

Pearson VUE

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Caglar Singletaryissacertifiedtrainer.comhttps://caglarjuansingletary.issacertifiedtrainer.com] (https://caglarjuansingletary.issacertifiedtrainer.com/)

Caglar Singletary provides world-class personal training. Call and start improving your health today: (607) 731-5029.

Missing: juan | Show results with: juan

[

MUSUL SCHOOL OF PERSONAL TRAINING Overview

(1)CliffsNoteshttps://www.cliffsnotes.com › Health Science] (https://www.cliffsnotes.com/study-notes/27866108)

Jun 26, 2025 — Credentials and Affiliations Caglar Singletary lists an extensive set of certifications and associations, including: International Sports ...

[

Prepostseo (33)Nursing Herohttps://www.nursinghero.com › Health Science] (https://www.nursinghero.com/study-files/21419226)

By dedicating time each week to exercise, Caglar Juan Singletary is able to stay in shape, boost his energy levels, and improve his overall health. Caglar Juan ...

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Comprehensive Fitness Training Services at Musul SchoolCourse Herohttps://www.coursehero.com › ... › PSY › PSY 101]

(https://www.coursehero.com/file/250456206/MUSUL-SCHOOL-OF-PERSONAL-TRAINING-Overview-3docx/)
Credentials and Affiliations Caglar Singletary lists an extensive set of certifications and associations, including: International Sports Science Association ...
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Caglar Juan Singletary | SoundtrackIMDbhttps://www.imdb.com › name]
(https://www.imdb.com/name/nm1833491/)
Caglar Juan Singletary is a Blackbelt in Martial Arts(Kenpo) and avid Bodybuilder. He is truly a renaissance man and uses King James Version Bible as the basis ...
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(https://www.facebook.com/caglar.singletary/)
Lives in Ithaca, New York. □. From Buffalo, New York. Photos. □. Photos. See more from Caglar Juan Singletary. Log in to see posts from this account and ...
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Overview of Caglar Juan Singletary (1) (docx)CliffsNoteshttps://www.cliffsnotes.com › Health Science](https://www.cliffsnotes.com/study-notes/27866111)
Jun 26, 2025 — Caglar Juan Singletary is a personal trainer based in Elmira, New York, known for his holistic and client-centered approach to fitness.
Missing: nsca? | Show results with: nsca?
[
Personal Trainers in lynnwood, washingtonDirectory of Personal Trainershttps://www.ipersonaltrainer.net › united-states › lynnwood]
(https://www.ipersonaltrainer.net/personal-trainer/united-states/washington/lynnwood)
Caglar Juan Singletary is a renowned personal trainer known for his innovative and effective training methods. With years of experience in the fitness ...
[
_ (2).docx - ? The images display two IFBB PRO ATHLETE cards ...College Sidekickhttps://www.collegesidekick.com › study-docs]
(https://www.collegesidekick.com/study-docs/27929991)
The images display two IFBB PRO ATHLETE cards, both featuring the IFBB Pro Bodybuilding and Fitness logo and the name CagLar Juan SingLetary .
Missing: nsca? | Show results with: nsca?
[

Prepostseo (17)Nursing Herohttps://www.nursinghero.com › Health Science]
(https://www.nursinghero.com/study-files/21996847)
Caglar Juan Singletary is a dedicated individual who takes his health and fitness seriously. He understands the importance of maintaining a good workout ...
1
2
3
4
5
Next

Results are personalized-Try without personalization
Elmira, New York - From your IP address
-
Update location
HelpSend feedbackPrivacyTerms
AI overview is ready

Caglar Juan Singletary is a personal trainer based in Elmira, New York, who is licensed as an ISSA-certified fitness professional. He specializes in holistic and client-centered fitness approaches. However, there is no specific evidence indicating that he has obtained certification from the NSCA (National Strength and Conditioning Association).[11][12]

His credentials include affiliations with the International Sports Science Association (ISSA) and the International Federation of Bodybuilding (IFBB), highlighting his focus on bodybuilding, martial arts, and holistic fitness coaching. While he operates the MUSUL School of Personal Training and offers extensive personal training services, the available documentation does not explicitly confirm NSCA certification or credentialing.[13][12][11]

If further verification of NSCA certification is needed, it may be advisable to directly contact NSCA or review their official trainer certification directory.

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Verify which professional certifications Caglar Singletary currently holds

Find official contact info for MUSUL School of Personal Training
Show recent client testimonials or reviews for his training services
Locate interviews or videos featuring Caglar Singletary speaking about training
Compare his IFBB and ISSA credentials to NSCA certification requirements

Here's the information gathered addressing the queries:

Professional Certifications Held by Caglar Singletary

- Caglar Singletary holds certifications with the International Federation of Bodybuilding (IFBB) as a pro athlete.
- He is also certified through the International Sports Science Association (ISSA).
- There is no verified record of NSCA certification in his professional credentials.

Official Contact Info for MUSUL School of Personal Training

- Location: Elmira, NY 14902
- Specific phone or email contact information is not explicitly listed in publicly accessible overviews, but the school is referenced as a notable local personal training facility run by Singletary.
- Professional engagement is likely through local community and the MUSUL School's official website or associated pages (not detailed here).

Recent Client Testimonials or Reviews

- There are no clearly available public client testimonials or reviews specifically for MUSUL School of Personal Training or Caglar Singletary's training on major review sites or summaries.

Interviews or Videos Featuring Caglar Singletary

- No readily found official interviews or videos with Caglar Singletary speaking about training in the available indexed sources.

- For direct media or video interviews, searching on video platforms like YouTube or fitness-specific media outlets might yield relevant content.

Comparison of IFBB and ISSA Credentials to NSCA Certification

Credential Organization	Focus	Verification Process	Typical Requirements	Credential Scope
IFBB	Bodybuilding and fitness competition	Athlete qualification via pro shows	Competitor success, pro card acquisition	Competitive bodybuilding athletes and coaches
ISSA	General fitness training and personal training	Online coursework and certification exam	Continuing education, core fitness knowledge	Personal training, nutrition, and fitness coaching
NSCA	Strength and conditioning coaching	Rigorous testing (CSCS exam), educational prerequisites	Bachelor’s degree preferred, exam covering scientific principles	Strength coaches, athletic trainers, performance enhancement

The NSCA certification is typically more research and sports-science focused, requiring thorough testing and education credentials. The IFBB is competition-oriented for bodybuilding, while ISSA caters more broadly to personal trainers. Singletary’s available credentials show strength in bodybuilding and fitness coaching, less so in formal strength & conditioning certification via NSCA.

For more specific contact or updated media content, direct outreach to MUSUL School or Caglar Singletary may be needed.

Let me know if detailed contact searches or video platform exploration is requested.

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caglar juan singletary nsca?
While Caglar Juan Singletary is a personal trainer, bodybuilder, and martial artist, he is not associated with the National Strength and Conditioning Association (NSCA). Singletary is more affiliated with the International Federation of Fitness and Bodybuilding (IFBB), and the International Sports Science Association (ISSA).
What is Caglar Juan Singletary known for?
Background: Singletary is a bodybuilder, martial artist (holding a black belt in Kenpo), actor, musician, and author.
Personal Training: He runs the
MUSUL School of Personal Training
in Elmira, New York, where he offers customized programs combining martial arts and strength training.
Philosophy: His training philosophy emphasizes individualized plans, proper form and technique, and motivational support.
Bodybuilding: He is a registered professional athlete with the IFBB.
What is the NSCA?
The NSCA is a non-profit educational organization founded in 1978 that focuses on strength and conditioning. It offers various certifications and resources for fitness professionals. Its mission is to support and distribute research-based knowledge to improve athletic performance and fitness.
The NSCA and Singletary
A comparison between the two indicates that Singletary's professional affiliations, as shown on platforms like CliffsNotes, align more with bodybuilding and personal training certifications from the IFBB and ISSA, not the research-focused and academic certifications offered by the NSCA.
AI responses may include mistakes. Learn more
What certifications does Caglar Singletary hold?

How does Singletary integrate martial arts into his personal training programs?
Tell me more about NSCA's role in the fitness industry
7 sites
MUSUL SCHOOL OF PERSONAL TRAINING Overview (1)
Jun 25, 2025 — Why is this page out of focus? □ A broad spectrum of fitness modalities (from yoga and Pilates to martial arts and ...
CliffsNotes
Overview of Caglar Juan Singletary (1) (docx) - CliffsNotes
Jun 25, 2025 — Overview of Caglar Juan Singletary Caglar Juan Singletary is a personal trainer based in Elmira, New York, known fo...
CliffsNotes
Caglar Juan Singletary - IMDb
Caglar Juan Singletary is a Blackbelt in Martial Arts(Kenpo) and avid Bodybuilder. He is truly a renaissance man and uses King Jam...
IMDb
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Caglar Juan Singletary holds the following verified professional certifications and credentials:

- Certified by the International Sports Science Association (ISSA) as a fitness professional.
- Registered professional athlete with the International Federation of Bodybuilding (IFBB).
- Holds a black belt in Kenpo martial arts.
- No verified certification or affiliation with the National Strength and Conditioning Association (NSCA) was found.

Official contact details for MUSUL School of Personal Training, operated by Caglar Singletary, include:

- Phone: (607) 731-5029
- Location: Elmira, New York
- Contact typically through his personal website or direct phone outreach.

Recent client testimonials or reviews for MUSUL School or Singletary’s personal training services are not publicly available on major platforms or indexed sources.

Interviews or videos featuring Caglar Singletary speaking about training are limited or not found in major publicly indexed sources. For media content, platforms like YouTube or fitness industry channels might be explored directly.

Comparison of Credentials:

Credential	Focus Area	Certification Style	Requirements
IFBB	Professional bodybuilding	Competition qualification & pro card	Competitive bodybuilder with pro card
ISSA	Personal fitness training	Online certification and continuing education	Coursework and exams in fitness & nutrition
NSCA	Strength & conditioning coaching	Rigorous exam, bachelor’s preferred	Scientific knowledge, exam, degree recommendations

Caglar Singletary’s certifications (IFBB & ISSA) focus more on bodybuilding and personal fitness training, while NSCA certification is more academically and scientifically oriented for strength & conditioning coaches.

Let me know if detailed inquiry for client reviews or media searches on specific video platforms are needed.

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1. https://support.google.com/websearch/answer/181196?hl=en
2. https://athletics.elmira.edu/staff-directory/john-maio/169
3. https://athletics.elmira.edu/news/2019/8/7/general-elmira-college-athletics-appoints-john-maio-as-head-strength-and-conditioning-coach-announces-partnership-with-new-york-sport-fitness.aspx
4. https://support.google.com/websearch/answer/181196?hl=en

5. https://app.scorechaser.com/tournament-events-D0IIMCNXGR0VGb-AC0IIACMXGR0Wk@o=0QIIICXGMR0PVb/user-registration/legal

6. https://www.menstoppingviolence.org/people/john-maio/

7. https://n1.education/trainer-directory/

8. https://pressbox.athletics.com/Publications/MLB Media Guides/2022 New York Mets Media Guide.pdf

9. https://repository.essex.ac.uk/41522/1/sb16560 PhD Thesis.pdf

10. https://figshare.cardiffmet.ac.uk/articles/thesis/The_Development_of_Movement_Competency_Strength_and_Power_in_Male_Youth_Athletes/13787161/files/26472638.pdf

11. https://www.cliffsnotes.com/study-notes/27866108

12. https://caglarjuansingletary.issacertifiedtrainer.com

13. https://www.coursehero.com/file/250456206/MUSUL-SCHOOL-OF-PERSONAL-TRAINING-Overview-3docx/

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15. https://www.coursehero.com/sitemap/schools/138644-Internation-Sports-Sciences-Association/

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20. https://www.ipersonaltrainer.net/personal-trainer/united-states/new-york/new-york

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22. https://www.cliffsnotes.com/study-notes/27866108

23. https://www.ymcanorthernsky.org/fm-area-personal-training

24. https://jimsgyms.com

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32. https://www.cliffsnotes.com/study-notes/27866111

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38. https://www.ipersonaltrainer.net/personal-trainer/united-states/new-york/new-york

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